Day 1		Total	Incremental	Directions	Road	Place / Notes
PE28 0JW	Start			Down Drive		
		0.2		TJ - L	B645	Tilbrook
		3.9	3.7	R	Church Road	
		6.2	2.3	TJ -L	B663	
		6.6	0.4	SB	B663	Raunds
		7	0.4	R (on LH bend)	B663 / North Street / Brick Ki	In Road
		7.7	0.7	RA - 3rd Ex	B663	
		7.8	0.1	RA - 2nd Ex	Raunds Road	(crossing A45)
		8.6	0.8	SB		Ringstead
		8.7	0.1	XR - R	Denford Road	
		9.5	0.8	continue	Ringstead Road	
		9.8	0.3	continue LH bend	High Street	
		10	0.2	continue	Denford Road	
		10.6	0.6	under A14		
		10.7	0.1	MRA - 1st Ex	Midland Road	
		10.9	0.2	MRA - 1st Ex	Midland Road	
		11	0.1	MRA - 1st Ex		
		11.2	0.2	MRA - 1st Ex	Bridge Steet	
		11.5	0.3	R	Chaple Hill	
		11.7	0.2	continue RH bend	High Street	
		11.9	0.2	continue LH bend	Lowick Road	
		12.3	0.4	TJ - R	A6116	
		19.6	7.3	RA - 4th Ex	A43 / Stamford Road	
		20	0.4	RA - 1st Ex	A6086	
		21	1	RA - 2nd Ex	A6086	
		21.3	0.3	RA - 2nd Ex	A6086	
		21.6		RA - 2nd Ex	A6086 / Phoenix Parkway	
		22		RA - 2nd Ex	A6116	
		23.7	1.7	RA - 2nd Ex	A6116 / Rockingham Road	
		24.3	0.6	RA - 2nd Ex	A6003	

Day 1		Total	Incremental	Directions	Road	Place / Notes
		30.1	5.8	MRA - 2nd Ex	A6003	
		30.8	0.7	RA - 2nd Ex	A6003	(crossing A47)
		36.2	5.4	RA - 2nd Ex	A606 / Burley Parkway	
		36.9	0.7	RA - 2nd Ex	A606 / Burley Parkway	
		37.2	0.3	RA - 2nd Ex	A606 / Burley Parkway	
		37.8	0.6	RA - 2nd Ex	A606 / Burley Parkway	
		38.4	0.6	RA - 2nd Ex	A606 / Oakham Road	
		38.8	0.4	SB		Langham
		45	6.2	SB		Burton Lazars
		45.5	0.5	RA		
		46.6	1.1	(over railway)		
		46.8	0.2	R	Mill Street / Regent Street / Br	rook Street
		47.2	0.4	TJ - L		
		47.2	0	XR (lights) - R	A607 / Thorpe Road	
		47.4	0.2			
LE13 1SQ	Petrol	47.4				(Total RHS)
		47.4		R	A607	
		55.9		R		
		58.3		R	Ten Acre Lane / Heath Lane	
		61.5		R / L Staggered XR	Dallygate Road	(crossing A1)
		62.6		TJ - L	B6403	
		64.9		RA - 3rd Ex	High Dike / A52	
		73.3		RA - 1st Ex	A15	
		80.6		RA - 4th Ex		
		80.8		RA - 2nd Ex		
NG34 8NP	Petrol	80.9		R		(Texaco on the RHS)
		80.9		L		
		81		RA - 2nd Ex		
		81.1		RA - 3nd Ex	A15	(crossing A17)
		94	12.9	RA - 2nd Ex	A15	Lincoln Eastern Bypass

Day 1		Total	Incremental	Directions	Road	Place / Notes
		95.7	1.7	RA - 2nd Ex	A15	Lincoln Eastern Bypass
		96.7	1	RA - 2nd Ex	A15	Lincoln Eastern Bypass
		97.7	1	RA - 2nd Ex	A15	Lincoln Eastern Bypass
		98.7	1	RA - 2nd Ex	A15	Lincoln Eastern Bypass
		99.7	1	RA - 2nd Ex	A15	Lincoln Eastern Bypass
		100.7	1	RA - 3rd Ex	A15	
		103.7	3	RA - 2nd Ex	A15	
		110.7	7	RA - 2nd Ex	A15	
		115.7	5	L	B1205	(signposted Blyton)
		116.2	0.5	L		
DN21 4JD	Lunch	116.7	0.5	Uncle Henry's Café, Grayingham Grange Farm, Gainsborough		
		116.7	0	R		
		117.2	0.5	TJ - R	B1205	
		117.7	0.5	TJ - L	A15	
		123.7	6	RA 2nd Ex	A15	(over M180)
		123.9	0.2	RA 3rd Ex	A18	
		125.7	1.8	MRA 1st Ex	A18	
		126.7	1	RA 2nd Ex	A18	(just after crossing river)
		127.7	1	RA 1st Ex	A18	
		131.7	4	RA 1st Ex	A18	
		131.9	0.2	RA 3rd Ex	A15	(crossing over M180)
		140.7	8.8		A15	(crossing Humber Bridge)
		141.7	1	RA 2nd Ex	A164	
		142.7	1	RA 2nd Ex	A164	
		144.7	2	RA 1st Ex	Riplingham Road	
		144.9	0.2	RA 2nd Ex	Riplingham Road	
		147.7	2.8	R	Westoby Lane	
		149.7	2	TJ - L	Brick Dike Lane	
		150.2	0.5	SB		North Newbald
		150.7	0.5	TJ - L	Ratten Row	

Day 1		Total	Incremental	Directions	Road	Place / Notes
		152.2	1.5	keep L		(at triangle)
		152.7	0.5	XR - R	Roman Road / A1034	
		156.7	4	RA - 1st Ex	A1079	
		157.7	1	RA - 2nd Ex	A1079	
		158.7	1	RA - 2nd Ex	York Road	
		158.8	0.1	L		
YO43 3PN	Petrol	158.8	0	R		(Shell)
		158.9	0.1	RA - 1st Ex	A1079	
		163.7	4.8	RA - 2nd Ex	A1079	
		172.7	9	RA - 3rd E	A64	
		175.7	3	RA - 1st E	A1237	
		175.9	0.2	RA - 2nd Ex	A1237	
		178.7	2.8	RA - 3rd Ex	Wigginton Road / B1363	
		180.5	1.8	TJ - Continue / L		
		180.7	0.2	L	Corban Lane	
		183.2	2.5	SB		Shipton by Beningbrough
		183.7	0.5	TJ - R	Main St / A19	
		189.7	6	RA - 1st Ex	A19	
		191.7	2	RA - 1st Ex	A19	
		199.7	8	L	Blakey Lane	
		199.8	0.1	RA - 2nd Ex	Blakey Lane	(under A168)
		200.2	0.4	SB		Sowerby
		200.4	0.2	Staggered TJ - R / L	Gravel Hole Lane	
		200.5	0.1	TJ - L	Topcliffe Road / B1448	
		200.6	0.1	RA - 3rd Ex		
YO7 3HF	Hotel	200.7	0.1	R	Premier Inn Thirsk Hotel, G	ateway, Sowerby, Thirsk