

Day 7		Total	Incremental	Directions	Road	Place / Notes
IV15 9HU	Start	0	0	R	The Waverley Inn, 1 Castle Street, Dingwall	
		0.05	0.05	L	Castle Street	
		0.4	0.35	R	High Street	
		0.45	0.05	R	(stay on Station Road)	
		1.2	0.75	5th R	Greenhill / Newton Road / A862	
IV15 9PP	Petrol	1.3	0.1	(on LHS)	Mart Road	Tesco
		1.3	0	R	Mart Road	
		1.35	0.05	L	Newton Road / Greenhill / A862	
		2.8	1.45	RA - 1st Ex	A835	
		5.1	2.3	R	B9169	
		8.2	3.1	Staggered XR - L & R	B9169	(crossing A832)
		9.1	0.9	TJ - L	A862	
		13	3.9	R	A833	(imeadiatly after woods both sides)
		22.9	9.9	TJ - L	A831 / Oakbank Road	
		24.2	1.3	TJ - R	A82	
		24.8	0.6	RA - 2nd Ex	A82	
		26.2	1.4		(Loch Ness on LHS)	
PH33 6TJ	Petrol	73.7	47.5	(RHS)		Shell - Fort William
		73.7	0	RA - 1st Ex	A82	
		74.2	0.5	RA - 2nd Ex	A82	
		74.8	0.6	RA - 1st Ex	North Road / A82	
		75	0.2	RA - 3rd Ex	Belford Road / A82	
				L	Middle Street	
				L	Fassifern Road	
				continue	Dudley Road	
				TJ (car Park Oposite)		
PH33 6AJ				straight across	The Bronze Ford, Cameron Square, High St, Fort William	
				continue	Dudley Road	
					Fassifern Road	

Day 7		Total	Incremental	Directions	Road	Place / Notes
PA37 1PX	Petrol	76	76	R & L	A82	BP
		76.05	0.05	RA - 1st Ex	A82	
		76.5	0.45	RA - 3rd Ex	A82	
		89.1	12.6	RB - 1st Ex	A828	
		106	16.9	RA - 2nd Ex	A828	
		106.05	0.05		(over Creagan Bridge)	
		106.1	0.05	RA - 1st Ex	A828	
		114.05	7.95		(over Connel Bridge	
		115	0.95	L	A85	
		117	2	(on RHS)		
		120	3	RA - 1st Ex	Dunollie Road (One Way)	
		120.1	0.1	continue, mergies	A85	
		120.2	0.1	RA - 2nd Ex	Albany Street (One Way)	
		120.3	0.1	continue, mergies		
		120.4	0.1	R	Railway Pier	
		121	0.6		GREEN SHACK OBAN	
PA34 4DB				re track	Railway Pier	
				L	Alma Cres	
				Continue slight left	Shore Street (One Way)	
				RA - 2nd Ex	A85	
				Continue slight left	A85 (water front)	
		121	121	RA - 2nd Ex	A85	
		121.6	0.6	RA - 1st Ext	Dunollie Road / A85	
		144	22.4	R	A819 (just after Loch Awe on R and Kilchurn Castle on R)	
		158	14	TJ - L	A83	
		169	11	R	A815 (just after Loch on R)	
PA23 8HJ	Ferry	194	25	L	A815 (just after marina on L)	
		196	2	L	Western Ferries, Kirn, Dunoon	
		199	3		Gourock McInroy's Poit Ferry Terminal	
		199	0	L	National Cycle Route 75	

Day 7		Total	Incremental	Directions	Road	Place / Notes
PA15 4RN	Petrol	200	1	slight L (one Way)		
		200.1	0.1	mergies	A770 / Shore Street & then Chaple Street	
		201	0.9	continue	Carwell Road	
		202	1	continue	A770 / Eldon Street & then Dalrymple Street	
		204	2	RA - 2nd Ex	Dalrymple Street and then Rue End Street	
		204.1	0.1	(on RHS)		Morrisons Rue End Street
		204.1	0	R	Rue End Street	
		205	0.9	RA - 2nd Ex	Main Street	
PA15 2AD	Hotel	205.5	0.5	RA - 2nd Ex	James Watt Way	
		205.55	0.05	(on LHS)	Premier Inn Greenock Hotel, 1, 3 James Watt Way, Greenock	